

11 Steps to Goal-Getting:

*Using the Principles of
Hypnosis, NLP, & Huna*

*A Proven System for Getting Your Goals,
Effectively & Easily*

By Keya Murthy

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DEDICATION

This book is dedicated to every network marketer, seekers of truth and goal-getters.

This book is dedicated with infinite love and abundant blessings to you, my friend.

I admire and cherish you, for not quitting on yourself.

**11 STEPS TO GOAL GETTING: USING THE PRINCIPLES OF
HYPNOSIS, NLP, & HUNA**

1. Self-Help
2. Network Marketing
3. Goal Setting and Success
4. Hypnosis
5. Personal Transformation
6. Personal Growth

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I thank Richard Ramos who got me started on this project. I thank Margie Garzón who supported me through the process of completing this book.

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I humbly bow to my parents, my teachers, and my Satguru.

Last and not the least, I love you, my reader. I had you in my mind and heart all along; from concept to completion.

I am grateful to each of you for blessing me with your presence and participation. This book would not be possible without either one of you.

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Introduction

The Journey is the Destination – Enjoy!

"What you get by achieving your goals is not as important as what you become by achieving your goals."

- Henry David Thoreau

It is not what we have that defines us. It is who we become while pursuing our dreams that do define us. Who we are when we have no money gets exaggerated when we have more money. If you are unhappy with no money then you become unhappier with more money. If you are sick with no money then you become more sick with more money. If you are poor with no money you feel poorer with more money. If you do not believe this then go ask a man with money to give you some money, he will say 'I have no money, sorry!'

The cover image was taken in pre-dawn hours on the 17th of December 2013 when I was driving home from Santa Barbara with my daughter. I have lived in Ventura with my children for 9 years and have cruised for hundreds and thousands of miles on Hwy 1. We do live in a tourist destination of the world. Those who live in

Ventura aren't movie stars from Hollywood, nor the spiritual seekers of Ojai, nor those with old money from Santa Barbara. Most people do not know Ventura exists and it is OK, we are fine with that.

Our sunsets are world-class in the winters. The skies turns yellow, gold, and orange for hours in the late afternoon and reflect solemnly on the waters and wet sand along the shoreline. After the sun sets there are hints of pink and purple which reflect in the ocean with stillness amidst the waves. Only God can create something so beautiful. We stare at the skies as they turn dark and the waters turn grey blue. Berries, nuts, citrus and vegetables grow in abundance in Ventura along with avocados, flowers and succulents all year round. Our farms are owned by giant corporations of the world and are worked on by immigrant workers from Mexico, El Salvador and other nations of Central and South America.

Hwy 1 has allowed so many dreams to be dreamt over centuries. Not all dreams are fulfilled always, but Hwy 1 is unique in helping us either get what we set out for, or make something better out of it. Hwy 1 began as El Camino Real, or the Royal Highway, in California under its Spanish rulers. It was also a trail connecting the Spanish missions in California. I personally believe it is the highway of dreamers, spiritual seekers, teachers and

leaders. It is for the lonely traveler setting out to seek his tribes. We have the creative folks from San Francisco, the farmers on the Central Coast, the movie makers of Tinsel Town and the easy-going people of San Diego, all dreaming, dancing and going about their daily duties as they forge on to get their goals. Come join us, your brother and sister, to create a better world. Let's go get our goals, shall we?



A Note to My Reader

Hello!

This program focuses on financial success primarily for the network marketing industry and can be used by anyone who engages in sales as a career. This is a motivation program for the motivated. If you have run out of excuses for not having what you desire in life, then this book is for you. This book is an inspiration, guidance, mentorship and re-scripting program for those of you who are already motivated and are seeking to succeed in sales.

Please do not try to read this book all at once. It is designed to take you through a 90-day (12-week) process of re-scripting your subconscious programming so you can stop being frustrated and start getting fascinated. This book will allow you to understand your old script and begin to replace it with a new one. I encourage you to read one chapter a week and follow the steps outlined for you. Please do not try to jump ahead and try to read the book without completing your weekly assignments.

The principles outlined in this book can be practiced to achieve desired health, relationships, career and lifestyle, and to establish a personal relationship with the universe. The examples cited in the book are for financial success. This book is ideal for those in the direct sales industry or any form of sales. If you think you are not in sales then I will ask you if you ever have to sell your ideas to anyone. I am always selling my ideas to my children and have to recruit them to be in my team every day. You might need to convince yourself that your dreams are real and all you need is a chance. When you invest 15 minutes a day for the next 12 weeks, you will be amazed at your own transformation, as a business owner, as a sales person, as a parent.

