

## Are you at a crossroads in your life? Do you feel stuck in your career, in your business, in your relationships?

### *Get a fresh start in life*

...with a system that identifies the missing link that bridges the gap between coaching, counseling, hypnosis and healing.

- Unleash your brilliance by combining eastern wisdom with western knowledge.
- Integrate the practical side of hypnosis, counseling, coaching and healing with your higher consciousness to help you tap into your deepest wisdom.
- Reprogram your attitudes at such a profound level that results come quickly and you can sustain them.

### *Forge ahead with confidence*

- Delight in a greater ability to take the actions necessary to earn more money, make progress in your career, and enjoy better health and relationships.
- Achieve more with less effort so you reach your goals easily.
- Learn to harness the power of your subconscious mind and align with your greater purpose to achieve whatever you want.

### *Break down the barriers that are holding you back!*

*“Coach Keya is truly a wonderful coach and teacher. She not only taught me new lessons on prosperity but helped me to utilize the ones that I had already known. She was the perfect teacher to take me to the next level.”*

-Jim Doyle

Call Keya at (805) 275-2289 or email her at [coaching@CoachKeya.com](mailto:coaching@CoachKeya.com) and schedule your free 30 minute strategy session to get clear on your next steps.

## What Clients Are Saying About Keya

*“Keya is a person of deep compassion and care. She is a person of integrity and great warmth.”*

- Marie “Divine Blueprint” Budmier,  
Creator at Grand Organizing Designer

*“Keya would help the world if she could. She is intuitive, kind and embodies what it means to be love, and to use love to heal all wounds. She is always ‘being.’ I send much love and gratitude her way.”*

- J. Marie Halstead, Para-legal



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## Discover the Missing Link to Getting the Relationships, Money and Health You Want

*An integrated approach  
to personal growth and spiritual development  
where practical skills meet spiritual connection*

## Diverse methods unify all levels of your being and transform your career, health and relationships

Keya's integrated approach draws upon many different tools and therapeutic modalities.

- **Clinical Hypnosis** helps you delve into your subconscious mind to release the fears and bad habits that are holding you back. (The idea of someone waving a watch in front of your eyes and making you do silly things in public is entertainment, not serious hypnosis.)
- **Neuro-Linguistic Programming™** provides tools to help you communicate more effectively in everyday situations.
- **Time Line Therapy™** is a fast and effective method that overcomes negative emotions so you awaken your potentialities from within and become your brilliant self.
- **Huna** is an ancient system of empowerment and flexibility of the mind, body, spirit. Huna helps you increase your energy and vitality.
- **Emotional Freedom Technique™ (EFT)** combines eastern and western knowledge to help you release the unpleasant memories that are keeping you stuck.
- **Therapeutic Imagery** uses the symbolic language of your subconscious mind to resolve conflicts, gain clarity and connect with your "I Am."
- **Reiki** allows you to heal the past, present and future.
- **Life Coaching** keeps you accountable for doing what you want to do.
- **Meditation** teaches you to reach a state of silence and relaxation.
- **Spiritual Counseling** teaches you to forgive. Success follows.

## "The best way to predict your future is to create it."

- Abraham Lincoln

Within you lies the ability to consciously create what you want.

But for many of us, it's smothered by stress, fears, lack of self-confidence, or by bad habits such as procrastination, smoking or over-eating, that hold us back from taking action. These behaviors are steered by the subconscious mind.

Keya Murthy's integrated approach helps you to break down the walls between your conscious mind, your subconscious, your energy field and your spirit.

- Go beyond "managing" a problem: get to the root cause of it, dissolve it and change your life forever.
- Eliminate the fears and bad habits that are holding you back.
- Experience shifts on all levels.

### *Create magical results in your daily life!*

*"Keya seemed to have the ability to know right away exactly what we wanted....she helped us focus on where we are headed and to bring prosperity into our lives...she worked with us individually to eliminate any limiting beliefs and obstacles that are holding us back...she has already brought a focus and confidence into our business that was not there before...we know where we are heading and what we need to get there...we are now living more in a state of gratitude..."*

- Lynn and Richard Huber, Home Business Specialists

## Keya Murthy, M.S., Clinical Hypnotherapist, Trainer NLP, Advanced Handwriting Analyst



As a child in rural India, Keya already knew that no one had the answers to the questions within her, that she had to go inside and find them for herself. With the kindness and compassion that she learned from her mother, she now helps her clients find their answers within, and embark on deeply meaningful journeys while achieving their goals. Her mother, a traditional healer

and herbalist, also taught her how to use herbs and touch to heal. Her father modeled for her the importance of always doing the right thing.

After a successful career as a software programmer in India and the USA, she went on to train in Neuro-Linguistic Programming™ (NLP), Clinical Hypnotherapy, Time Line Therapy™, handwriting analysis, Emotional Freedom Technique™ (EFT), and Therapeutic Imagery.

But it was her study of Huna that gave her the tools to bring together the conscious mind, the subconscious mind and higher consciousness.

Keya's formal qualifications are balanced between left-brain science and right-brain creativity and intuition. She holds a BS in Physics and an MS in Computer Science. She is a Certified Clinical Hypnotherapist and holds Master Certifications in Therapeutic Imagery, Time Line Therapy™, Neuro-Linguistic Programming™ (NLP), and is an NLP trainer. She is a Reiki Master, a Huna practitioner and has received the 9 rites of Munay-Ki, a shamanic Inca and Laika tradition of the Peruvian Andes.

Based in Ventura, CA, Keya conducts sessions in person, by phone 📞, or Skype 📺.